

ADDICTIVE DISORDERS STUDIES

This C.A.A.D.E. (California Association for Alcohol/Drug Educators) approved program prepares students to enter the field of alcohol/drug counseling with responsibilities for doing intakes and assessments, motivational, supportive, and group counseling, crisis intervention, information and referral, and case write-ups.

Students completing this program will have the necessary educational and skills requirements to **APPLY** for credentialing through a number of professional organizations. The following private certifying organizations are registered with the State of California: (1) C.A.A.D.E. offers a Certified Addictions Treatment Specialist (C.A.T.S.) credential and application forms and information can be obtained by contacting: C.A.A.D.E., Donna Marks, P.O. Box 7152, Oxnard, CA 93031-7152; telephone or fax: 805-485-5247; email: marks@vcss.k12.ca.us; (2) C.A.A.D.A.C. (California Association of Alcohol and Drug Addiction Counselors), Credentialing Committee, 3400 Bradshaw Road, Suite A5, Sacramento, CA 95827, 916-368-9412. (3) C.A.A.R.R. (California Association of Alcohol Recovery Resources), 650 Howe Avenue, Suite 1060, Sacramento, CA 95824 (800-564-4927). (4) C.A.D.D.T.P. (California Association of Drinking Driver Treatment Programs), 685 Placerville Drive, #305, Placerville, CA 95667, 800-464-3597.

Career Opportunities

Alcohol Counselor	Alcohol/Drug Treatment Spec. I-II
Addiction Counselor	Drug Counselor
Prevention Educator	Forensic Corrections Treatment Spec. I-II

Faculty

Full-Time	Part-Time	
William Shilley	Vicki Bradley	JoAnne DelSardo
	Michael English	Donna Marks
	George Roach	Kathleen Staples
	Luis Tovar	Michael Webb

◆ Addictive Disorders Studies

Associate in Science Degree Certificate of Achievement

Required Courses:		Units
ADS R101	Overview of Addictions	3
ADS R102	Intervention & Recovery	3
ADS R103	Pharmacology of Drugs	3
ADS R104	Case Management	3
ADS R105A	Group Leadership I	3
ADS R106	Adult Children of Alcoholics	3
ADS R108	Alcohol and Human Development	3
ADS R109	Marriage and Cultural Influences	3
ADS R110A	Field Experience I	3
ADS R110B	Field Experience II	3
ADS R113	Dual Diagnosis	3

Total Core Requirements 33

Additional Required Courses:

Complete any one (1) of the following:		
PSY R102A	Interpersonal Relations	3
ADS R107A	Special Populations	3
ADS R107B	Treatment of Adolescents	3
ADS R111	Managing Alcohol Programs	3
ADS R112	Prevention	3
ADS R114	EAP Practice	3
ADS R115	Alcohol/Drugs/Nutrition	3
ADS R116	Alcohol/Drugs/Driving Laws	3

Total Required Units 36

◆ Addictive Disorders Studies in the Criminal Justice System

Associate in Science Degree Certificate of Achievement

This certificate is designed to prepare students to enter the field of treatment providers of services to incarcerated clients in county, state, and federal correctional programs and those recently released from such institutions. Emphasis will be given to the special knowledge, skills, and attitudes required for those who choose to work in the criminal justice system or other related human services. Students with this certificate will also be trained to work in the adolescent and adult drug court systems, pre-release and after-care programs, and intensive probation models.

Graduates completing this program would be qualified to apply for a number of certifications: C.A.T.S. (Certified Addictions Treatment Specialists) available from C.A.A.D.E.; F.A.C.T. (Forensic Addictions Corrections Treatment Specialists) from the Addiction Transfer Center (ATC) at UCSD, etc.

Required Courses:		Units
ADS R101	Overview of Addictions	3
ADS R104	Case Management	3
ADS R106	Adult Children of Alcoholics	3
ADS R107B	Treatment of Adolescents	3
ADS R110A	Field Experience I	3
ADS R110B	Field Experience II	3
ADS R113	Dual Diagnosis	3
ADS R116	Alcohol/Drugs/Driving Laws	3
ADS R117	Treatment Modalities in the Criminal Justice System	3
ADS R118	Culture, Race, & Gender Considerations in CJS Treatment	3
ADS R119	Community as Treatment in the Criminal Justice System	3
ADS R120	Introduction to Alcohol & Drugs in the Criminal Justice System	3

Total Core Requirements 36

Unless already working in the Criminal Justice System, ADS R110A and ADS R110B **may not** be taken until ADS R113, R117, R118, R119, and R120 have been successfully completed.

Addictive Disorders Studies Courses

ADS R098—Short Courses in Alcohol Studies 1/2-10 units

Lecture and/or lab hours as required by unit formula

Specialized workshops designed to update alcohol program personnel and others as required for in-service training in specific subject matter areas. Unit credit determined by length of instruction of the workshop as defined by current credit standards. (2)

ADS R101—Overview of Addictions 3 units

3 hours lecture weekly

Study of alcohol-related problems, including relationship to alienation and change in life-style, cultural and family attitudes, causes and addiction, sub-cultures, ethical implications, and solutions. Fulfills one 3-unit chemical core requirement for California Association of Alcoholism/Drug Educators (CAADE).

Transfer credit: CSU

ADS R102—Intervention & Recovery 3 units

Prerequisites: ADS R101.

3 hours lecture weekly

Course familiarizes students with the essential tools and techniques of helping individuals in changing life-style and job performance during recovery and rehabilitation. Studies various vocational rehabilitation services available to assist the alcoholic, family, and children. Fulfills one 3-unit chemical core requirement for CAADE.

Transfer credit: CSU

ADS R103—Pharmacology of Drugs 3 units

Advisory: ADS R101.
3 hours lecture weekly

Fundamental principles of action of alcohol and other drugs studied. Pharmacological and physiological implications of tolerance, habituation, and excessive consumption emphasized. Psychological, physical, cultural, and social implications presented. Physiological and medical aspects of effects of alcohol on the human body during various stages of psychosexual development. Fulfills one 3-unit chemical core requirement for CAADE.

Transfer credit: CSU

ADS R104—Case Management 3 units

Prerequisites: ADS R101.
3 hours lecture weekly

Course seeks to develop understanding of a variety of personality theories as applied to the unique life-style of alcoholics and to provide overview of theory and application in counseling of alcoholics. Fulfills one 3-unit skills requirement for CAADE.

Transfer credit: CSU

ADS R105A—Group Leadership I 3 units

Prerequisites: ADS R101.
Advisory: ADS R104.
3 hours lecture weekly

Course designed to familiarize students with group dynamics, especially groups involving recovering alcoholics. Also offers practicums in group leadership skills and examines various types of groups and specific group functions for alcoholics. Fulfills one 3-unit skills requirement for CAADE.

Transfer credit: CSU

ADS R105B—Group Leadership II 3 units

Prerequisites: ADS R105A.
3 hours lecture weekly

Course in group counseling is designed to give students knowledge and skills training in advanced group leadership techniques. It will offer supervised practicums for the experienced counselor and introduce students to the special dynamics involved in addressing difficult group behavior.

Transfer credit: CSU

ADS R106—Adult Children of Alcoholics 3 units

3 hours lecture weekly

Valuable foundation course for those interested in becoming alcoholism counselors involved in family intervention and treatment. Specifically designed to meet the needs of those counseling adult children of alcoholic parents, studying effects of alcoholism on children and what can be done. Attitudes will be examined and intervention skills learned and practiced. Fulfills one 3 unit-skills requirement for CAADE.

Transfer credit: CSU

ADS R107A—Special Populations 3 units

3 hours lecture weekly

Course addresses special groups of alcoholics and investigates their unique characteristics, particular intervention needs, and individual responses to treatment. Attention focuses on the underserved populations of women, aged, disabled, ethnic-racial, homosexual, adolescent, and military alcoholics. Fulfills one 3-unit skills requirement for CAADE.

Transfer credit: CSU

ADS R107B—Treatment of Adolescents 3 units

3 hours lecture weekly

Course integrates biological, psychological, and social factors into a comprehensive model for understanding and treating alcohol and drug problems and addiction in the adolescent population. In this context, students will learn necessary techniques of counseling and basic aspects of adolescent addiction.

Transfer credit: CSU

ADS R108—Alcohol and Human Development 3 units

3 hours lecture weekly

Analysis of developmental behaviors associated with each stage in human development and ways the social environment impedes or helps this development. Special emphasis given to how drugs and alcohol affect this development. Examples of disruptive influences on human development and the way human service occupations develop systems and services to minimize these disruptive influences are studied. Fulfills one 3-unit behavioral requirement for CAADE.

Transfer credit: CSU

ADS R109—Marriage and Cultural Influences 3 units

3 hours lecture weekly

Primary emphasis is exploration of social and psychological consequences of ethnic background as contributing factors in misuse of alcohol. Further emphasis placed on lack of choice as to status, categorization in the larger society, and structural adaptations of Blacks, Chicanos, Indians, and Puerto Ricans; changing role of women, stress-producing factors in marriage, and use and misuse of alcohol by youth explored. Fulfills one 3-unit skills requirement for CAADE.

Transfer credit: CSU

ADS R110A—Field Experience I 3 units

Prerequisites: Completion of 12 units in the ADS program.
1 hour lecture, 6 hours lab weekly

Experience in applied alcohol studies in community agencies such as mental health, youth correction, welfare, homes for the neglected, selected industrial settings, military bases, Alcoholics Anonymous, and other private and public agencies for prevention and treatment of alcoholics. Students supervised by credentialed instructional staff. Fulfills one 3-unit field studies requirement for CAADE.

Transfer credit: CSU

ADS R110B—Field Experience II 3 units

Prerequisites: ADS R110A.
1 hour lecture, 6 hours lab weekly

Experience in applied alcohol studies in a two-semester sequence where students are placed in various agencies and organizations in the alcohol education and treatment field. Students learn through supervised participation in agency work. Semester will emphasize student growth in self-awareness and self esteem, interviewing skills, connections and interrelationships with other core courses, introduction to systems, and the agency and client systems. Fulfills one 3-unit field studies requirement for CAADE.

Transfer credit: CSU

ADS R111—Managing Alcohol Programs 3 units

Prerequisites: ADS R101, ADS R110A.
3 hours lecture weekly

Course focuses on five levels of alcohol program management: federal, state and local governments, and private and voluntary agencies. Emphasis on organization, inter- and intra-organizational relationships, communication, employee assistance programs, and management styles and their influence on services. Current and anticipated impact of alcohol and drug abuse on individual and community health problems and societal institutions and resources integrated into analysis of program management. Fulfills one 3-unit skills requirement for CAADE.

Transfer credit: CSU

ADS R112—Prevention 3 units

3 hours lecture weekly

Study of prevention strategies in the field of alcohol and drug addictions stressing a positive and practical approach to the diminution and eradication of addictive diseases in our society. Fulfills one 3-unit skills requirement of CAADE.

Transfer credit: CSU

ADS R113—Dual Diagnosis**3 units***Prerequisites: ADS R108.**3 hours lecture weekly*

Course addresses the coexistence of chemical dependency and other major psychiatric illnesses. Course will focus on identification and assessment, current treatment approaches, understanding medications, making appropriate referrals, and how addiction counselors may interface with the professional mental health community. Fulfills one 3-unit skills requirement for CAADE.

*Transfer credit: CSU***ADS R114—EAP Practice****3 units***3 hours lecture weekly*

Course is intended to offer the student an overview and basic understanding of Employee Assistance Program practice and administration. Six components, called the EAP Core Technology (assessment/referral, consultation to management/supervisors, use of constructive confrontation, microlinkages for treatment, creation of macrolinkages to maintain resources, and focus on employee alcohol/substance abuse problems), define the uniqueness of EAP in the workplace. In addition to the core technology, the course will discuss EAP policy development, program design, employee orientation, supervisory training, legal mandates, financial considerations/managed care, and program evaluation.

*Transfer credit: CSU***ADS R115—Alcohol/Drugs/Nutrition****3 units***Prerequisites: ADS R101.**3 hours lecture weekly*

The principles of sound nutrition will be taught to provide basic information so that an understanding of the nutritional needs of the recovering alcoholic/drug addict can be thoroughly discussed. The prevalence of eating disorders such as bulimia, anorexia, and compulsive overeating in recovering individuals will be emphasized. The similarities between drug addiction and eating disorders will also be discussed. Finally, the physical implications of substance abuse and the affect on nutritional status, particularly in pregnancy, will be addressed.

*Transfer credit: CSU***ADS R116—Alcohol/Drugs/Driving Laws****3 units***Prerequisites: ADS R101 or equivalent.**3 hours lecture weekly*

Course designed for students interested in working with a DUI program, people working in probation or police work, and for people who supervise others, some of whom have DUI problems. The student will be introduced to the effects of alcohol and other drugs on the driver, as well as the laws and penalties regarding driving under the influence. The course is designed to demonstrate the need for DUI programs as intervention strategies.

*Transfer credit: CSU***ADS R117—Treatment Modalities in the Criminal Justice System****3 units***3 hours lecture weekly*

This course is an examination of the treatment and intervention models in the Criminal Justice System (CJS) for treating the substance-abusing client. The focus will be on the various treatment approaches used at each phase of the justice continuum, that is, the pretrial phase, custodial phase, pre-release phase, and probation/parole supervision phase. The course will examine the concept of graduated sanctions for drug use violations and the various aspects of the community, courts, prison system, and probation/parole that affect the recovery goals of the client and treatment providers. Field trips may be required. (2)

*Transfer credit: CSU***ADS R118—Culture, Race, & Gender Considerations in CJS Treatment****3 units***3 hours lecture weekly*

This course is designed to familiarize students with the theories of addiction and their application to incarcerated populations of men, women, and youth. Theories of criminology, diversity, and prevention of gang involvement, lethal criminal behavior, and recovery from addictions will be the emphasis of this course. The course will give special consideration to the impact of gender, race, and culture in the treatment of the prison population. Field trips may be required. (2)

*Transfer credit: CSU***ADS R119—Community As Treatment in the Criminal Justice System****3 units***3 hours lecture weekly*

This course is designed to familiarize students with the various theories of rehabilitation for addicts in the Criminal Justice System from initial incarceration to reinstatement in the community. Students will be introduced to various therapeutic community models, the methodology involved in such models, and step-by-step explanations and illustrations of the entire process of life-style changes. Field trips may be required.

*Transfer credit: CSU***ADS R120—Alcohol and Drugs in the Criminal Justice System: Introduction to Alcohol and Drugs in the Criminal Justice System****3 units***3 hours lecture weekly*

This course is an introduction to the treatment of alcohol and drug addicts living in the Criminal Justice System. It will include the history and evolution of the Justice System in the United States. It will survey crime, criminal behavior, the police, courts, and corrections. Field trips may be required. (2)

Transfer credit: CSU