

PSYCHOLOGY

The Department of Psychology at Oxnard College studies mental processes and human behavior. It offers 21 courses exploring different aspects of people's behavior and thinking. Students interested in the major and general education will find several courses addressing their specific interests, as well as those with Workforce and Continuing Education needs. The major is designed to prepare the student for higher level studies at California State University as well as The University of California. Possible jobs for which studies in Psychology prepare the student include advertising, human resources, criminal justice, vocational counseling, Social work, community organizations psychologist, public relations and others.

For more information, contact:

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Career Opportunities

Advertising Manager	Efficiency Engineer
Job Analyst	Personnel Manager
Police Officer	Psychologist
Vocational Counselor	Public Relations
Social/Welfare Work	Statistician
Pathologist/Audiologist	Probation/Parole Officer
Community Organization Director	

Faculty

Full-Time	Part-Time
Marie Butler	Karen Lehner
Linda Chaparro	Daniel McDermott
	George Rodriguez
	Oliver Williams

◆ Psychology

Associate in Arts Degree

Required Courses:	Units
PSY R101 General Psychology (UCSB/CSUN)	3
PSY R103 Beginning Statistics for Behavioral Science (UCSB)	3
OR	
MATH R105 Introductory Statistics (CSUN/UCSB)	4
PSY R104 Introduction to Experimental Psychology (UCSB)	3
OR	
PSY R105 Introduction to Physiological Psychology (CSUN)	3
PSY R102A Interpersonal Relations	3
	12 - 13

Required Additional Courses:

Complete one of the following courses:		
PHIL R101 Introduction to Philosophy		3
PSY R104 Introduction to Experimental Psychology		3
PSY R105 Introduction to Physiological Psychology		3
PSY R106/		
SOC R113 Social Psychology		3
PSY R108 Developmental Psychology		3
PSY R130 Introduction to Humanistic Psychology		3
PSY R189A-Z Current Topics in Psychology		3
SOC R106 Contemporary Family in American Society		3

Plus one of the following:

PSY R102B Interpersonal Relations (II)	3
PSY R107/ Sex Roles	3
SOC R104	
PSY R109 Loss, Grief and Death	3
PSY R110 Human Sexuality	3
PSY R111/ The Exceptional Child	3
CD R108	
PSY R112/ Parent/Child Interaction	3
CD R130	
PSY R113 Psychology of Maturing & Aging	3
PSY R120 Animal Behavior	3
	6

Total Required Units 18-19

Psychology Courses

PSY R098—Short Courses in Psychology ½-10 units

Lecture and/or lab hours as required by unit formula

Specialized topics designed to inform or update interested persons in the various disciplines within Psychology.

PSY R101—General Psychology 3 units

3 hours lecture weekly

Introduction to subject matter of psychology, including scientific method, biology of behavior, conditioning and learning, intelligence, motivation, personality, mental health, and therapy.

Transfer credit: UC, CSU (CAN: PSY 2)

PSY R102A—Interpersonal Relations I 3 units

3 hours lecture weekly

Class provides exploration of personal awareness and interaction. Students will learn to apply psychological principles of human behavior, and explore ways of knowing themselves and others. A combination of experiential and theoretical approaches is used to increase awareness, clarify values, and aid in decision-making.

Transfer credit: CSU

PSY R102B—Interpersonal Relations II 3 units

3 hours lecture weekly

Class provides exploration of personal awareness and interaction. Students will learn to apply psychological principles of human behavior, and explore ways of knowing themselves and others. A combination of experiential and theoretical approaches is used to increase awareness, clarify values, and aid in decision-making.

Transfer credit: CSU

PSY R103—Beginning Statistics for Behavioral Science 3 units

Prerequisites: MATH R014, PSY R101.

3 hours lecture weekly

Designed for students majoring in psychology, sociology, and anthropology; emphasis on use of statistics in behavioral science research. Topics covered are procedures in hypothesis testing, descriptive, inferential, and correlational statistics.

Transfer credit: UC, CSU

PSY R104—Introduction to Experimental Psychology 3 units

Prerequisites: PSY R101 and PSY R103 or concurrent enrollment in PSY R103.

3 hours lecture weekly

Designed for prospective psychology majors or minors; emphasis on designing, conducting, and writing experimental research in human and animal behavior. Recommended as a third course for psychology majors.

Transfer credit: UC, CSU (CAN: PSY 8)

PSY R105—Introduction to Physiological Psychology **3 units**

Prerequisites: PSY R101; PSY R103 recommended.
3 hours lecture weekly

Course provides exploration of physiological basis of behavior. Some topics are neural impulses and sensory processes, neural basis of reinforcement, electrical stimulation of the brain, memory, learning, emotion, biofeedback, split brain studies, and research on right and left hemispheres; emphasis is on current research findings and philosophical-moral implications.

Transfer credit: UC, CSU

PSY R106—Social Psychology **3 units**

Prerequisites: PSY R101 recommended.
3 hours lecture weekly

Scientific study of how people think about, influence, and relate to one another. Topics include personal interaction, perception, attraction, culture, status, power, social conflict, group influence, prejudice, conformity, and altruism. (Same as SOC R113)

Transfer credit: UC, CSU

PSY R107—Sex Roles **3 units**

3 hours lecture weekly

Class explores sex role development and how roles can be changed, role conflicts, common stereotypes of males and females, women as a minority group, aspects of sexuality, and psycho-social implications of the liberation movement; psycho-social aspects of both sex roles are emphasized. (Same as SOC R104)

Transfer credit: UC, CSU

PSY R108—Developmental Psychology **3 units**

Prerequisites: PSY R101.
3 hours lecture weekly

Course explores path of human development from beginning of life through adolescence; emphasis placed on normal developmental patterns using current information; child-rearing practices and their efforts on later development critically examined.

Transfer credit: UC, CSU

PSY R109—Loss, Grief, and Death **3 units**

3 hours lecture weekly

Examination of personal feelings and behaviors associated with loss, grief, and death. Combination of psychological theory, current trends and research findings, and personal explorations used; emphasis on dealing with this very personal area in a realistic and positive manner.

Transfer credit: CSU

PSY R110—Human Sexuality **3 units**

3 hours lecture weekly

Biological, psychological, and sociological aspects of sexuality. Emphasis is placed on the individual's personal sexuality in the present time; past and future trends are also considered.

Transfer credit: UC, CSU

PSY R111—The Exceptional Child **3 units**

3 hours lecture weekly

Characteristics and problems of the developmentally delayed, socially handicapped, and those with emotional problems, as well as the mentally gifted child, will be covered. The class will cover study of issues, and research encountered in these specific areas. Also covered will be resources and techniques for living and working with these children. (Same as CD R108) (2)

Transfer credit: CSU

PSY R112—Parent/Child Interaction **3 units**

3 hours lecture weekly

Explores the challenging role of being a parent. Focuses on a variety of approaches to effective parenting, identifying typical problem areas and dealing with them by prevention or coping strategies, and promoting positive interactions between parent and child. Field trips may be required. (Same as CD R130)

Transfer credit: CSU

PSY R113—Psychology of Maturity and Aging **3 units**

3 hours lecture weekly

Psychological factors of human development from middle life through older years. Emphasis placed on aging as a normal process. Topics include older individual and his/her adjustment to life changes; study of current issues in aging.

Transfer credit: CSU

PSY R114—Psychological Issues of the Mexican People in the Southwest **3 units**

3 hours lecture weekly

Course analyzes experiences of people of Mexican descent living in the Southwest from a psychological perspective. Examines nature of individual and group conflict, explores problems of social participation in a dominant culture and its psychological implications. Course describes emergence of distinctive identities of people of Mexican descent. (Same as CHST R114.)

Transfer credit: UC, CSU

PSY R120—Animal Behavior **3 units**

3 hours lecture weekly

Introduction to comparative psychology and ethology. Emphasis on behavior of familiar mammals, reptiles, and birds. Topics include learning, social behavior, communication, aggression, behavior of pets, and abnormal animal behavior.

Transfer credit: CSU

PSY R130—Introduction to Humanistic Psychology **3 units**

Prerequisites: PSY R101 suggested.
3 hours lecture weekly

Course explores humanistic movement in psychology. Theories of both Eastern and Western thought as applicable to the concepts of such prominent humanistic psychologists as Maslow, May, Rogers, and others studied from both a theoretical and practical "everyday life" point of view. Historical perspective of humanistic movement against background of psychoanalytic behavioral schools emphasized.

Transfer credit: UC, CSU

PSY R131—Abnormal Psychology **3 units**

3 hours lecture weekly

Class surveys the various definitions, causes, and treatment methods relative to abnormal behavior. This course covers both psychological and biological theories of abnormal behavior. Topics include diagnosis of abnormal behavior, the clinical syndromes, and the various forms of intervention.

Transfer credit: UC, CSU

PSY R189—Current Topics in Psychology **½-3 units**

Prerequisites: A previous course in Psychology.
Lecture and/or lab hours as required by unit formula

Courses considering specialized, specific topics in psychology which are not covered in great detail in the general psychology course offerings. Topics to be offered include adolescence, abnormal psychology, aging, parapsychology, mental retardation, modern therapies, human sexuality, behavior modification, hypnosis, humanistic psychology, sex roles and socialization, death and dying, biological feedback, aggression and violence, childhood disorders.

Transfer credit: CSU

PSY R198A-Z—Short Courses in Psychology ½-10 units

Lecture and/or lab hours as required by unit formula

Courses and/or workshops in selected areas of psychology to meet specific needs of college or community as requested or required. Field trips may be required. (2)

Transfer credit: CSU

PSY R199—Directed Studies in Psychology 1-3 units

Lecture and/or lab hours as required by unit formula

Designed for students interested in furthering their knowledge of psychology on an independent study basis; assigned problems will involve library, lab, and field work. Course may be taken two times.

Transfer credit: CSU